

SOPLAY observation form (System for Observing Play and Leisure Activity in Youth)														
Date: ____ / ____ / ____		Observer: _____		Period: BS LU AS (circle)										
Start time	Area	Condition					Girls				Boys			
		A	U	S	O	E	S	W	V	Act.	S	W	V	Act.
____ : ____	1	N	N	N	N	N	—	—	—	—	—	—	—	—
____ : ____	2	N	N	N	N	N	—	—	—	—	—	—	—	—
Form codes:					Activity codes:									
BS = Before School LU = Lunchtime AS = After School A = Accessible area U = Useable area S = Supervised area O = Organised activity E = Equipment provided S = Sedentary W = Walking V = Very active Act. = Prominent activity					0 = No identifiable activity 1 = Aerobics 2 = Baseball or softball 3 = Basketball 4 = Dance 5 = Football 6 = Gymnastics 7 = Martial arts 8 = Racquet sports 9 = Soccer 10 = Swimming 11 = Volleyball 12 = Weight training 13 = Other playground games 14 = None of the above									

Adapted from: Welk 2002